Crime wave continues on Aquinas campus

By Emily Johnson
The Saint Reporter

A n unusual wave of crime has hit the Aquinas community. Four violent assaults on women students in and around campus have mixed concerns about how safe Aquinas College really is. One group decided to find out.

The Gender Studies Club invited officers Tony Nolan, director of campus safety, to a meeting in order to clear things up.

We have increased motorized patrols from seven to almost ten per night, said Nolan, addressing one of the many suggestions made by the club members. This was done as an effort to provide improved security for faculty and students attending quiet classes.

Because students venture off campus too, campus safety has been an important community concern with the Grand Rapids and East Grand Rapids Police Departments as well as the Eastown Community Association to ensure safety in the surrounding area.

Other safety strategies that campus safety is looking into include more lighting on campus, security cameras, and providing pepper spray to students for extra precaution.

Nolan emphasized that these things do not guarantee safety. The most important thing is that it's important to be proactive.

“Take precautions and be prepared,” Nolan said. “We don’t want to tell you not to walk alone. It would be better if students took the initiative to encourage each other’s safety by way of sharing information, hosting safety awareness events, or just choosing to walk in groups together.”

Though Aquinas is adorned with the recent muggings, Nolan said that only the three of the 18 muggings in the Eastern area last month happened on campus and none of these seem to be gang related.

He speculates that warm weather, the return of a large student body and possibly being deterred from committing crime in other parts of the neighborhood have contributed to the unusual amount of attacks.

With stepped up security and increased awareness among the community, Nolan hopes Aquinas will see an end to the muggings.

In a letter to the community from Aquinas President Harry Knopke, he states, “Working together we can reverse the trend and return the campus and the surrounding areas to a more secure place in which to live, work and study.”

Knopke also dispelled rumors that there is no true amount of attacks.

“We are here to protect the Aquinas community but have no intention of going overhead in our actions or to invade anyone’s privacy and ability to make their own decisions.”

Students are already making positive changes to ensure their safety.

Freshman Rachel Johannsen took advantage of a self-defense class offered at Aquinas. She came away with new knowledge and confidence, “I believe of what’s around you and walk with confidence. Looking directly at the person you are going out can be a deterrent for potential attackers,” said Johannsen.

Senior Emma Heimsirk noted that intimidation is an issue for women walking at night. “If we should err on the side of precaution but we should also have the right to walk alone if we want to.”

Nolan agrees. He suggests that any student who feels threatened or wishes for an escort can call Campus Safety at any time. Emergency phones lit with blue lights are available for immediate assistance on campus, and if students are coming back from campus to the surrounding neighborhood, they can call ahead and a Campus Safety officer will meet them at the campus entrance for an escort to wherever they are headed on campus.
**Former Aquinas student treks along the Blue Nile**

By Rachel Hendewinter

The student Clubs and Organization budget committee was forced to make a decision on a budget increase, however, they denied the request due to the amount of extra charges.

**Visiting Dominican preaches gospel message of strength**

By Becky Browns

The Saint

What do you want to be when you grow up? A common kid would say he wants to be a firefighter, doctor, or truck driver. Not many say they want to be a Dominican Sister, Sister Barbara Reid OP did.

In college, Reid spent her senior year living in Marywood Dominican Center, a community of Dominican Sisters.

"I always knew I wanted to be a Dominican Sister," she said, "I just wasn't sure how." Reid had everything I wanted. It was coeducational, liberal arts and a Dominican community.

At Aquinas, Reid earned her Bachelor's and Master's degrees later she would go on to earn her Doctorate from Catholic University of America in Washington D.C.

Reid believes that Dominican Community at Marywood helped her reach goals in her life that she would not have otherwise been able to accomplish.

"I know that with my Antraks resolution, the motion was having been passed. The Political Affairs

please see SENATE, page 3

Facebook in question after Boston University professor loses job

(UWIRE) BOSTON - After Boston University College of Communication professor Michael Gore was fired this summer after posting comments on an online blog, Boston University students are re-evaluating what information they post on Facebook.com profiles for the eyes of potential employers and administrators.

"I'd be worried for discrimination," School of Management sophomore Anna Koltz said. "The face you put on for your peers is different than the face you put on for an interview or different than the clothes you wear to a club."

Koltz said the prospect of school officials or employers looking at Facebook profiles has long concerned the network's founding principles.

"That's not the purpose of Facebook," she said. "It's more for people to be friends, to connect with people who are most important to them, but just because it's accessible doesn't mean it should be accessible to professors and employers."

"Once you have Facebook profiles, it will help preachers be cautious as they interpret of the Passion of Christ found in each of the Gospels in relation to domestic abuse against women."

"Some interpretations of the cross give women the impression that abuse is 'their cross', and they should remain quiet about it," Reid said.

She believes the Gospel of John offers the interpretation that most discourages the idea of internalizing domestic abuse.

"The Gospel of John does not reflect Jesus as a silent sufferer as in the Gospel of Mark for example," said Reid. "(The Gospel of John) just shows Jesus as the man who laid his life down for the world."

This idea is also the topic of her new book, "The Passion of Women and The Passion of Christ". Her book also warns that certain interpretations of the passion of Christ can perpetuate silence in some women against domestic abuse.

"We don't take this trip, it was given to us, and the river did that for us. Whatever I took into a tug of war, as a Saint, I will remember the Blue Nile," she said.

Perhaps the most impact of Dernocoeur's trip came from her reflection on. In an excerpt from her diary she says, "A journey like this can only be complete when the mileage and the time has passed to bring it to its conclusion. With 21 days left to refuel, each will stamp its mark on me and I will be altered by the process of living through it."

For the first six days of the trip, the group walked beside the river for 6 miles. Armed with guns and other artillery, it was a major part of crossing the river. For the first two days of the trip, the group walked beside the river for a loss of life. The group also took with them security personnel, who would guard the open areas in other places, which was a major part of crossing the river. Armed with guns and other artillery, it made the group a little less way of running into unexpected trouble.

Trained oarsmen were also involved, as the Blue Nile is one of most tumultuous rivers in the world.

Boating raids that could kill a grown man, within seconds, this river is not to be toyed with. And with only four functioning bridges stretching before them, it would not be easy. Proving this point, Dernocoeur adds, "It was literally in the nick of time that we landed there. The opportunity for complete disaster was relentless for five weeks but you can't get worried about it. You have to live in the moment. The crossing of a tributary that had risen approximately 18 feet was a challenge in itself.

Camping every night was not a typical vacation either. Though peanut butter and posset was a staple — and there were campfires and laughter — the campmates also evoked danger. In discussion her Dernocoeur related that while lying in her tent one night, she heard a gunshot, became increasingly frightened. The tents were standard camping tents – they did not offer much protection. She ended the next day stopping that the noise was elicited because someone had stolen a donkey from their camp, a standard method of transportation.

Although the risk was part of the thrill and appeal of the trip for Dernocoeur, this was not the primary reason.

"Our trip was about getting down the river, but it was also about bringing back our story," Dernocoeur said. Part of that story is the desire to help others.

One such story came in the form of a little boy. He had been attacked by dogs, and had wandered into their camps looking for help. Though he spoke no English, Dernocoeur treated his injuries. He seemed to love his little boy. He had been attacked by dogs, had wandered into their camps looking for help. Though he spoke no English, Dernocoeur treated his injuries. He seemed to love his little boy.

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Separa te pieces

Separation of church and state was the basis on which our nation was founded. Matters of the State were decided on without consent or influence from religious institutions. It was all separate. In our society today it seems Americans are struggling to keep these two separate. Incidentally, Americans are coming into conflict with their political views and their religious beliefs. A conflict which has many people torn.

There are certain key issues that American society is facing today that promote this inner conflict — namely abortion and gay marriage — the “moral” issues of the United States.

These issues are very close to the hearts of people that try to be both loyal, patriotic citizens of the United States while at the same time upholding their religious views and beliefs. And there lies the conflict. The battle lines are drawn for a person makes on these issues.

The separation of church and state, and the place they hold in our culture and our acceptance of the “moral” issues in the United States, will probably never be resolved. The battle lines are drawn, and the only people torn are those attempting to remain undecided.

E VERY SO OFTEN IN THE CAREER OF AN UNDERGRAD, STUDENTS GET TO APPLY WHAT THEY HAVE LEARNED IN A PRACTICAL WAY. For political science students one way is Model United Nations. Students that participate in Model U.N. — among the largest conferences in the nation — learn the skills that they need for diplomacy and how to conduct themselves in a professional manner. Senior Dan Costie believes Model U.N. gives students “the ability to talk to people in a diplomatic manner and to get your ideas across while accepting what others have to say”.

According Dr. Roger Durham, chair of the Political Science Department at Aquinas College, the separation of church and state is lacking professionals and government officials with good diplomatic skills that our country would benefit from having more negotiators.

Diplomatic and professional abilities are not the only things that Model U.N. students experience.

"Important skills that are also learned are information gathering, public speaking, negotiation and consensus building," said Durham.

“These are all part of diplomacy.”

Durham says that he also tries to get students to realize the importance of learning and implementing these abilities into other aspects of their daily and professional lives.

“Any walk of life it is important to conduct yourself in a courteous, respectful way," said Costie.

For Costie the experience of Model U.N. is more than just debating and passing resolutions. He says it is a great way to meet hundreds of students with more-or-less similar interests from colleges all across the nation.

Model U.N. has been very successful at Aquinas College since Durham started the program in 1998.

The first group of students that Durham took in 1998 went to a smaller venue in Ohio — but they did not come up with small results — they took home the third place trophy.

In the seven years since then, Model U.N. has continued to grow at Aquinas College — in size and prestige. In 2002, the program had 31 students that participated — this year the group has grown to 55.

At last year’s event, Aquinas College took home five of the 21 awards that are given out.

The program is held every fall in Chicago, by the American Model United Nations International Conference. This year, Aquinas students will be delegating and debating from Now. 19-22 and will be representing Chile, Tanzania, Finland, and Belarus.

AQ students learn diplomacy

By Michael Buck

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SENATE, cont. from page 1

committee will continue to write to Governor Granholm to lobby against the situation.

President Harry Knopke attended the meeting, discussing with the senators this important issue. Knopke also answered general questions from the audience.

As there have been various assaults on campus, many students are wondering what is being done to rectify the situation. President Knopke explained that more lighting is being implemented throughout the campus, and a fence line is being built between campus and Wilcox Park.

Knopke added that a Safe Walk resolution was voted on as well, applying the use of volunteer escorts between the hours of 8 p.m. and 12 a.m. to help Campus Safety light the load. This matter will be voted on in the next meeting.

Habitat for Humanity also offered an interesting announcement during the meeting. Sophomore Austin Mlynarchek, Senate representative, announced that Habitat for Humanity will be raising money to purchase a new living room set in a house being built in New Orleans.

"I think it's a great idea," said Mlynarchek. "Our goal is to buy a set for $14,000. Whatever we donate, up to $200, Habitat will match. Habitat will be running a donation drive and those who put money in it will be up for a door prize. With break coming up, I think donations will be hard, but there's a bigger need in hand." President of Habitat for Humanity, Kelly Simon agrees.

"I think right now people are more willing to respond because there's kind of urgency around campus to help. Even if that means fifty cents or $1.00, at least they'll feel like they're contributing."

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According to a recent study done by the West Michigan Environmental Action Study, which is where Deb Steketee has always enjoyed volunteering the community.

WEEKEND PREVIEW

NATIONAL Sports found to affect moral development According to a recent study done by the University of Idaho shows that character development is negatively affected by involvement in sports. The study was conducted over the last 17 years with some 72,000 participants and reported that athletes' moral levels declined from the beginning and athletes who compete in team sports have a lower moral judgment than their peers who compete individually.

NATIONAL Drag Company working on hopeful STD vaccine The pharmaceutical giant, Merck, announced encouraging results from a phase III study on a vaccine that would promote building a commitment to explore and promote elements of community sustainability. The council will hold an open house to showcase their design on Thursday, Oct. 27 from 4:00 p.m. to 7:00 p.m. The office is located at 1000 Lake Dr St, the East Hills Center (of the Universe).

NATIONAL Supreme Court confirmation has congress questioning Bush Republicans are wary of President Bush's latest Supreme Court nomination, Harriet Meis, The Right has questioned her qualifications to sit on the nation's highest court, citing that she has no judicial experience. The name Susan Beth shows the need for a Republican -- a nomination from the first President Bush who has held up liberal issues, such as abortion rights -- something that it not in line with the party's agenda.

AQUINAS Recognition Ceremony for graduated to be held Dec. 5 The Aquinas College Board of Trustees and the President of the university will announce encouraging results from a December graduates on Monday, December 5 from 7:30 p.m. in the Varsity Ballroom. All December graduates, their guests, staff members and faculty members are encouraged to attend. There will be a hors d'oeuvre reception following the ceremony. For more information please visit Acorn and the Moose web sites.

LOCAL New "green" office to open in Easttown West Michigan Environmental Action Council will unveil their new office in Easttown at the end of the month. This new "green" bureau adheres to the organization's promotion of building a commitment to the world of pros as she became the assistant editor for Grand Rapids Magazine, she later worked as the managing editor of Michigan Environment. Sharpening her skills in as television, she developed a strong interest in environmental issues. After leaving the organization to pursue a master's degree at Michigan State University in resource development, her specific interest was the interface between development and environment.

This new Aquinas College sustainability business professor did her undergraduate work at the University of Michigan, and got a Bachelor's Degree in journalism. Jumping into the world of pros as she became the assistant editor for Grand Rapids Magazine, she later worked as the managing editor of Michigan Environment. Sharpening her skills in as television, she developed a strong interest in environmental issues. After leaving the organization to pursue a master's degree at Michigan State University in resource development, her specific interest was the interface between development and environment.

Around this time she lived in Costa Rica for four months, investigating how ego-tourism affected local communities for her Master's research. In addition, she was the interim executive director at West Michigan Environmental Action Council and taught at Grand Valley State University. She is finishing up her PhD work at Indiana University at the school of public and environmental affairs. There she has one focus in environmental policy and another in political science. Her PhD research has been in Ecuador. She is researching the role of non-governmental organizations as a bridge between local communities and national policy makers.

Deb Steketee has always enjoyed Aquinas and its campus. "Its commitment to teaching was very attractive," she said. "Obviously, the faculty here is committed to teaching. And that's really exciting. Teaching to make difference in world, to me, is the value proposition." Currently, Steketee is teaching Sustainable Business 200, Environmental Studies, and World Regional Geography.

So far, Steketee is very impressed with the Aquinas students and their interest in learning. "Students are interested in taking away new perspectives," she said. "They're here not just to get credits, but to open their minds and see the world in a different way." Dr. Matthew Tueth, Department Chairman of sustainable business, was considering about 35 applicants from all over the world. Steketee's education was broad-based, which is what Tueth was looking for. "Her formal education is perfect for this position," he said. "Sustainable business involves lot of different disciplines." He chose Deb not only because of her education, but her outstanding experience and her ties with the community.

He also found himself impressed with her articulacy, and her commitment to the sustainable business program. "I felt she had a very good conceptual understanding of sustainable business," Tueth said. "That is very rare today." Tueth is very impressed with her work so far.

A strong message: Coo and President of Ethan Allen furniture company, Farooq Kathwari, came to Grand Rapids on Oct. 5 to celebrate their new Aquinas College graduate. The event was considered a great job at fighting, "he said. "We opened the door and asked, 'hey you what are you doing?' We watched them run down the path behind jobs and into the flood fed from the St. Joe's loom", said Moule. "He was ducking behind trees and trying to be sneaky I mean, he's a ninja that's what they do." This was not the last ninja sighting, however. Two nights later, again well past 3:00 a.m., with the front desk worker temporarily away from the desk, the ninja was able to sneakily card in and make the stunned worker.

"He told me I wasn't doing my job very well," Moule said. "Then he left." Ninjas are masters of the martial art of Ninjitsu and date back to feudal Japan where they were used as covert assassins and thieves by powerful lords. "Being an college is hard enough, but now I have to worry about Ninjas! What's next, pirates?" St. Joseph Hall resident Kyle Mahoney said.

Census says community safety has better things to do than chase ninjas.

"I approached him and told him he should cease ninja activities," said Lentine. "At least until a few arrests have been made in those mugging cases."
Men’s golf wins back-to-back WHAC Championships

By Tyler Nethersoll
The Saint Reporter

Managing time between classes, work, and homework can be difficult, especially when trying to have a life outside of that as well. As if that is not enough, some students choose to add college athletics to their schedules, making it seemingly impossible to have any fun outside of everything else that takes precedence. The Men’s golf team has a different outlook, an outlook that has paid dividends two years running.

“Winning is very gratifying,” senior Matt Joseph said. “It makes all the hard work feel worth it when it all comes full circle.”

In the past two years, the team has not only come full circle, it has gone 75-0 degrees. On Oct. 3, the team finished off their dominant season three strokes ahead of Davenport, completing a sweep of all six Wolverine-Hoosier Athletic Conference Jamborees and giving them their second straight WHAC Title.

Senior team captain Jeff March led the team with a 67, finishing in first place with a five under par. March was crowned the WHAC individual conference champion, while Joseph and junior Tim Flint also earned All-Conference honors. Sophomore Brian Hayward earned All-Conference honorable mention as well as All-Conference academic honors along with junior Mike Ketelaar. Coach Tom Gunn was also named Coach of the Year for the second straight season.

“As a senior and as the captain of the team, I couldn’t wait for the season to begin,” March said. “It is a much different story from when I was a freshman when we just tried not to get last. Coach Gunn had a lot to do with our success. He brought in the players, helped us improve our game, and we took it from there.”

Not only did the team not finish last, they were far from it. After their six WHAC Jamborees, the team finished 78 strokes ahead of every other team, an average of 13 strokes per couting.

“Winning the conference again was our goal at the beginning of the season, and I think the fact that we got off to a strong start had a lot to do with our continued success. The road trips can be tough, but we gel well as a team, and being able to laugh and have fun creates a team chemistry that is hard to match. We know that this is something we will never forget, and that alone makes it all worth it,” Joseph said.

Aquinas looking for its intramural Mr. and Ms. October for frisbee and football

Final weekend of intramurals results in excitement for winning teams

By Tyler Nethersoll
The Saint Reporter

The leaves are changing colors, midterms are at hand, and full break is around the corner. However, in the midst of all the mind up stress and excitement, something more important is taking precedence in the minds of sports fans: the playoffs.

While Major League Baseball or high intramural Ultimate Frisbee, the playoffs are the contest that matters. Mathematics says that one team is left wondering what more it could have done. The playoffs were a contest that teams took to the field, three of which marched onward, while one determination, Dominicock to rebound. With an effective game turned out exactly as one experience into the playoffs.

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In the past two years, the team has not only come full circle, it has gone 75-0 degrees. On Oct. 3, the team finished off their dominant season three strokes ahead of Davenport, completing a sweep of all six Wolverine-Hoosier Athletic Conference Jamborees and giving them their second straight WHAC Title.

Senior team captain Jeff March led the team with a 67, finishing in first place with a five under par. March was crowned the WHAC individual conference champion, while Joseph and junior Tim Flint also earned All-Conference honors. Sophomore Brian Hayward earned All-Conference honorable mention as well as All-Conference academic honors along with junior Mike Ketelaar. Coach Tom Gunn was also named Coach of the Year for the second straight season.

“As a senior and as the captain of the team, I couldn’t wait for the season to begin,” March said. “It is a much different story from when I was a freshman when we just tried not to get last. Coach Gunn had a lot to do with our success. He brought in the players, helped us improve our game, and we took it from there.”

Not only did the team not finish last, they were far from it. After their six WHAC Jamborees, the team finished 78 strokes ahead of every other team, an average of 13 strokes per couting.

“Winning the conference again was our goal at the beginning of the season, and I think the fact that we got off to a strong start had a lot to do with our continued success. The road trips can be tough, but we gel well as a team, and being able to laugh and have fun creates a team chemistry that is hard to match. We know that this is something we will never forget, and that alone makes it all worth it,” Joseph said.
CREATINE. STEROIDS. KILLER BEES. STACKERS. MINI-THINS.

By Jacky Salzwedel
The Saint Reporter

The hype among athletes and supplements hasn’t gone anywhere. To this day, more and more athletes invest and indulge in taking supplements to (what they think) enhance their game.

Many of you may be wondering what exactly dietary supplements are. According to the Dietary Health and Fitness Act (DSHEA), a dietary supplement is "a product taken by mouth that contains a dietary ingredient intended to supplement the diet."

The dietary ingredients in these products may include vitamins, minerals, amino acids, herbs, or botanicals (plants), and substances such as enzymes, organ tissues, glands, and metabolites—or any combination of those three. Dietary supplements can be purchased in pills, gel capsule, liquid, powder, or bar forms. Many athletes purchase and take supplements outside of the off-season.

The average person may only be familiar with one kind of supplement—amino acids, which are sometimes referred to as juices, "reds, muscle, and/or "pumpers."

Most people know that they are bad for you, in a person that they have many negative side effects—premature balding, mood swings, hallucinations, high blood pressure that can damage the heart or blood vessels over time, a greater chance of incurring muscles and joints, aching feet, jaundice or yellowing of the skin, liver damage, growth stunt, and an increased risk of developing heart disease, stroke, and some types of cancer. Obviously these side effects sound bad, but none of these are they worth the risk?

By Jon Hingler
The Saint Reporter

Two weeks ago, the Aquinas Saints Volleyball team started a season-long conference losing streak with a 3-0 loss against rival Siena Heights. Along with a 3-3 tournament victory at Taylor University, the St. Heights won represented the hope of a new trend for the ladies.

Before long, however, the Saints were back in the mix, and now coach Stina Noyne is back in the driving. A 3-0 loss against Madonna was a disappointing high-3.0 loss at the hands of the Comets Golden Eagles put the Aquinas team back in their place near the bottom of the Wolverine-Hoosier Athletic Conference standings.

"The Taylor Tournament victory was good for us," said team manager Nick Hingler, recalling the 3-1 record from Oct. 1. "It really showed what the players are capable of."

Despite Hingler’s optimism, the ladies are facing a continuing downward trend. Upcoming games against Concordia, Indiana Tech, and University of Michigan-Dearborn all look to be challenging for the AQ umbrella.

But what about the win against Siena Heights? It was a real surprise, as they were already on a 2-13 losing season. As for the win at the Taylor tournament, Hawley cites the trophy as "a product of motivation, more than anything."

Dehydration can occur when too many days are taken. "Creatine actually causes dehydration and cramping in contrast to the myth of hydrating muscle tissue."

Many other supplements are on the market today that have not been approved by the Food and Drug Administration. There are many supplements that can even be bought in supplemental form (create and moose)."
WEDNESDAY, OCTOBER 12, 2005

Despite setbacks this year, future bright for ladies’ soccer

By Rebecca Brown
The Saint Reporter

Madonna scored early and often on a chilly Oct. 8 at Aquinas. Madonna opened the scoring with goals at six and ten minutes into the first half; eventually beating the Lady Saints 4-2. After being shut out by Madonna 3-0 on Sept. 21, Aquinas battled hard, but did not go down without a fight. Junior Audrey Vandercamp broke up the shut out in the 65th minute on a corner kick by freshman Jessica Greaney. With only six minutes remaining in the game, Jessica Greaney scored the last goal for the Saints on a penalty kick. Despite the loss, she had a positive outlook on the result of the game.

“Even though we lost,” said Greaney. “We played really hard and gave our all till the end.” Head Coach Mark Fales agreed. “We learned a lot today. We played hard and won the second half 2-1,” he said.

The future looks bright for the young Aquinas team despite whatever setbacks have happened this year. Nearly half of the team is comprised of freshmen; there are eleven in all. Fales had nothing but good things to say about his young team in their performance against the Madonna.

“So of our young players played really hard today and earned themselves more playing time in the future,” he stated.

The Saints are now 6-7 overall, but are 4-3 in the WHAC. Fales is optimistic about the second half of their league season.

“We have a tough non-league schedule in the beginning,” Fales said. “We’re hoping to do good things in the last half of our season.

Since Homecoming, women’s soccer has posted two victories and two losses against their opponents including their 4-2 loss to Madonna on Oct. 8. On Sept. 28, they scored a home victory against Concordia 2-1. Then, they traveled to Indiana Tech on Oct. 1 and they beat them out 3-0. On October 5, they were held scoreless at Cornerstone, losing 4-0. The Saints are headed on the road for their next three games – Sierra Heights on Oct. 12, Concordia on Oct. 15, and Northwood on Oct. 16.

Men lose to Cornerstone, 4-1

The cornerstones couldn’t overcome the Cornerstone Golden Eagles during their Homecoming on Saturday, losing 4-1.

Ryan Fitzsimmons put the Saints up early 1-0 with a goal on a free kick, but the Golden Eagles regrouped their momentum and scored four straight goals. At halftime, the game was tied, thanks to the goal by Tom Skilling. Cornerstone came out and flew high during the second half, with a goal provided by Trevor Christie, and two goals by Sam Oberlin. The Saints have five games left until the WHAC tournament, all being away. Their next game is Saturday against Concordia at 2:30 PM. The loss against Cornerstone puts the Saints at 2-10 overall, and 2-5 in the conference.

Wolverines come up short against Gophers

By Brian Euler
Assistant Editor

The maize and blue just couldn’t keep it going. After traveling to East Lansing last weekend and beating Michigan State in overtime, the Michigan Wolverines went back to the Big House and lost to Minnesota on a last-second goal, 4-3.

The 21st ranked Wolverines were led by running back Mike Hart, who rushed for 109 yards and scored a touchdown in the second quarter. The Wolverines went into the half with a 13-10 lead.

After Minnesota tied up the game on a Jason Gianinni field goal early in the third quarter, Steve Breaston returned the punting kickoff for a 95-yard touchdown, to put Michigan back on top, 20-13. Minnesota tied it up again on a 1-yard touchdown by Laurence Maroney.

The Wolverines and Golden Gophers were scoreless in the fourth quarter, until a 30-yard field goal by Gianinni with one second remaining capped the win for Minnesota.

Quarterback Chad Henne threw for 155 yards and no touchdowns. The Wolverines face off against Penn State on Saturday, who beat the sixth ranked Ohio State Buckeyes this weekend, 17-10. The Nittany Lions are 6-0 this season, and lead the Big Ten with a 3-0 conference record. The Wolverines are 3-3 overall, with a 1-2 record in the Big Ten.

INTRAMURALS, cont. from page 5

known as the Softball Team) versus Laura’s Team in what ended up being the closest game of season.

After coming out early led by twins Amy and Laura O’Neill, Laura’s Team went up 12-0 leaving the softball girls with some questions to answer on the sidelines. 356 came back firing with one thing on their minds, making a 12-6, but Laura’s Team was not finished as they answered quickly making it 18-6. However, with just eight seconds remaining in the first half, senior Kristy Jager hooked up with fellow senior Annie Szczepanek for a 65 yard touchdown pass making it 18-12 before the buzzer sounded.

After a ten minute half time break, it was back to business once again for the softball team, as Jager passed into the end zone one more time, knotting the score quickly at 34-34. After coming out early led by twins Amy and Laura O’Neill, Laura’s Team went up 12-0 leaving the softball girls with some questions to answer on the sidelines. 356 came back firing with one thing on their minds, making a 12-6, but Laura’s Team was not finished as they answered quickly making it 18-6. However, with just eight seconds remaining in the first half, senior Kristy Jager hooked up with fellow senior Annie Szczepanek for a 65 yard touchdown pass making it 18-12 before the buzzer sounded.

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Seemingly-harmless Facebook creates cult-like following

By Chelsea Foster
The Saint Register

No matter how badly I want to, I cannot walk away from the Facebook cult.

It happened last spring. Our of nowhere, Aquinas students began registering at a ferocious pace, requesting friends, posting profiles, and "poking" each other left and right.

Mere curiosity drove me to the site and — after a few days' hesitation — I, too, was registered.

As the summer progressed, the seemingly-harmless Facebook began demanding more and more of my attention. My mailbox was constantly full of emails telling me that this guy wants to be my friend and this girl wrote on my wall.

It's no surprise it took over so quickly and surreptitiously. Being an ADD culture, we crave any kind of distraction from our obligations and responsibilities. Turns out, Facebook was more than willing to help provide that distraction.

Before long, my apprehension about being registered began to melt away. However, only a couple of weekends ago, that apprehension came back full force.

I was standing outside a party, talking on the phone with a friend. She had called simply to tell me that she had finally surrendered to the demonic forces at work and had registered. It was when I began to physically jump up and down with excitement at this news that I knew I was in danger. It was in that moment, that I began to fear for my sanity.

In reality, Facebook is just a numbers game. The object is quantity, not quality.

I know many Facebookers who have spent a half an hour in the same room as me and used that as justification for going back to their computers to immediately request my friendship.

For some, it becomes a popularity contest. Who has the most friends? And whose friends look the coolest? It's middle school...digitized.

On top of that, a "networking" website is essentially pointless on a campus as small as Aquinas. I find myself virtually unable to reject anyone because I know I'll run into them the next day. I don't really enjoy telling a person I'm not their friend and then sitting beside them for an hour in class every day.

Besides, even those you do reject tend to simply continue requesting you until you give in. Believe me, I know.

Facebook, while claiming to be "an online directory that connects people through social networks" is, in actuality, a completely distorted representation of reality. I'll use my own list of "friends" as an example. Look me up. Scroll to the "Ps."

Michael Phelps, Olympic swimmer with multiple world records and even more gold medals, is listed as my friend. While I got a big kick out of this, in reality, not only is Mikey Phelps not my friend, but we've never even met. I know. Big surprise, right?

Actually, I believe Mr. Phelps suffers from what I like to call "Compulsive Confirming," a condition that explains his 936 friends at the University of Michigan alone.

A world in which Michael Phelps is my friend is not, as my family and my real friends can attest, reality. What purpose then, is the Facebook cult really serving?

Still, even after all of this, I find Facebook inexplicably attractive and I can't seem to just walk away.

They say there are three ways to leave a cult. The first is to walk away — unlikely in my case. I have already confessed my inability to leave willingly.

The second is expulsion, a method I doubt the powers that be at Facebook will begin to employ anytime soon. That just wouldn't be very smart.

The third and final method to leaving a cult comes through intervention and deprogramming. This is a bit unnecessary, I think, as at least until Facebookers start walking around in black robes and chanting ominously.

Plus, who is going to stage an intervention for me when all of my friends are part of the cult, too?

So, with no will power, nor any alternative method of escape, it looks like I simply have to bide my time and wait for the fad to fizzle out.

In the meantime, I'll continue leaving drunken messages on people's walls and collecting new fake friends because, after all, that's what Facebook is all about.

Seemingly-harmless Facebook creates cult-like following

How do you feel about the popularity of facebook.com?

"I FEEL THAT THE SITE is quite often misused and that members would be wiser to bond with 'friends' by engaging in old-fashioned conversation than to 'poke' them all night long."

JUSTIN SEDLECKY, SENIOR

"I REALLY DON'T LIKE the Facebook all that much, yet I find myself addicted to it. I think a lot of students feel the same way."

JESSIE BROWN, JUNIOR

"IT SERVES ITS PURPOSE. If people want to meet other college students, it works for them. Facebook me!"

ANDREW IRVAN, SOPHOMORE

"IT'S JUST ANOTHER one of those things — xanga, myspace, live journal. It's popularity online."

KAYLEIGH BEGG, SOPHOMORE

By Jessica Cushman

Letters to the Editor

Former orientation leader explains monologues

Dear Friends,

We are sorry if you found the Monologues offensive. But regarding the AQ Monologues, we know that all of the people coming to Aquinas come from different backgrounds and family situations.

There are also many people who did not know all of the information before it was presented. I know that I myself was familiar with some of it, but did not know a good deal of the situations presented when I was a freshman. That is part of the reason for them.

We were in no way suggesting that all college students go to parties, get drunk and find that they have been taken advantage of by somebody they don't know. The fact is that this does happen to some people. I'm not saying that everyone will be at this situation. I myself have not been there, but have a few friends who have. The point is that if you should ever find yourself or a friend in such a situation, you will know where to turn for help.

Please remember that we handed out phone numbers to local hotlines like the YWCA and had members of our own career and counseling staff present during the event for anyone who needed help.

Thanks for your concern.

Sincerely,

MARTHA ZOLYKOFF
JUNIOR ORIENTATION LEADER
Zombies spawn threat to national security

Our View

While the government focuses on preventing threats and attacks from terrorists, both abroad and in our own country, they continually brush aside...a zombie attack.

While it would be wise for the government to ignore such a possibility, it is clear that, with limited federal funding, President Bush would be left to choose between protecting the U.S. from other terrorist attacks, zombie attacks or an attack by swamps.

It would be difficult to believe that swamp things would have the same type of impact as an attack by zombies. As many of the whiteboard-respondents wrote, the fact is many more cemeteries exist than swamps.

During a recent whiteboard-debate, it was clear that students at Aquinas overwhelmingly believe the possibility of a zombie attack is both imminent and a scary prospect.

CORRECTION

In our "Applause" section from the 9/28 issue of The Saint, Maureen Maher’s name was incorrectly spelled. It is "Maureen Maher," not "Maureen Mayer." Additionally, her official title is not "phone system receptionist." It is "manager of information services." The Saint apologizes for this error. Please note that the "Applause" was rerun in its correct form.

The Editor’s Desk

Dear readers,

From reading this issue of The Saint, it is apparent that there is a budget crisis facing this year’s volume of the newspaper. The last avenue The Saint would like to explore is cutting issues, but this is a reality we may have to face.

Honestly, we do not think this is what our readers want to see. After all, The Saint strives to be a voice for the Aquinas community and an open forum for students. In other words, it’s the most-read and anticipated printed media source for students.

Why would we need to cut issues? Well, with the increased cost in printing and high demands of running a newspaper, it is difficult to operate on a budget that has decreased over the past three years. There’s only so many cuts we can make before the only thing left to do is to cut the frequency of publishing or number of issues published in a year.

Please be assured that we will strive to do whatever we can to give you our full volume of newspapers this year. We will definitely do our part.

As readers, the best thing you can do is write. We appreciate your support in writing, whether it be a letter to the editor, to staff and faculty members or to your campus’ Sense. We’ve voiced our opinion—your voices need to be heard.

If you have any suggestions or ways the newspaper could possibly receive additional funding, please e-mail me at The Saint's e-mail address (see the bottom of this page). While we’ve explored many ways to make our budget work, we always appreciate more ideas.

As The Saint faces this time of unseasiness, we will continue to deliver pertinent, newsworthy information to the entire Aquinas community.

Chris Epplett,
Editor-in-Chief

A little taste of The Saint’s look at the Aquinas campus

Applause...

To Munirah Mawusi and the Woodrick Institute for the donation of the big screen television in Wege Cafeteria. The Simpsons are alive again.

To campus safety for its continued dedication to making the Aquinas campus safer. While we’ve already acknowledged campus safety, they continue to impress us with their willingness to try new measures of safety and be open to the students’ concerns.

To the maintenance staff who is always on top of requests for repairs around campus, especially those e-mailed to them. A simple e-mail to maint.request@aquinas.edu is routinely replied to and taken care of within 24 hours.

To Maureen Maher, manager of information services, for her professional, courteous and helpful attitude. She’s always on top of requests and never makes you feel like you’re bothering her.

Heckles...

To Programming Board for changing its name to “Tree Top Productions.” The new name sounds less like a campus organization and more like the name of a record label.

To Aquinas students who choose to use www.facebook.com as a way to gain a sense of popularity. Having 394 “friends” at Aquinas does not make you the most popular student on campus. The “look- at-my-network” people feeling sorry for you, if anything.

To the ninja who made several appearances outside St. Joseph the Worker Hall for his lack of stealth. A ninja who gets caught is no ninja at all.
CULTURE
ARTS ENTERTAINMENT FOOD TECHNOLOGY FRIENDS
WEDNESDAY,
OCTOBER 12, 2005

the specialty BREWS of autumn

By Ashley Teffer
The Saint Reporter

When Cherrette sampled it, he said that The Beast (Milwaukee's Best) has more taste than this beer. This supposedly classic October-fest brew tastes like a bad malt shake; it leaves a horrid aftertaste and, more than likely, a raschy hangover.

Buffalo Bill Brewery's Pumpkin Ale
Both of my beer connoisseurs agreed that this beer has been extremely watered down this year and that it has the smell but not the taste.

New Holland Brewing's Ichabod Ale
After taking a short sip of this beer Cherrette said, "it smells like your typical October beer, almost caramel-ly and tastes like a German beer." It was a beer that should not be savored - to see the label; it has the aroma but not the flavor.

Michigan Brewing Company's Screamin' Pumpkin Spiced Ale
Smith of Martha's said that this is "really good, had a nice spice aroma and a good hearty spice body." Cherrette said he could taste the individual spices such as nutmeg, cinnamon, and ginger. This beer is so potent in spice that it gives that tingle you receive from taking a swig of Vernors.

Blue Moon's Pumpkin Ale
Though Smith informed me that the recipe had changed this year and that this ale had become "more aromatic, with more bouquet than spice body," Cherrette and I found it to be number one out of our selections. This beer screams autumn, with its pumpkin pie smell; smooth, silent hints of spice and buttercorn, accompanying its lovely Blue Moon Belgium white consistency. It truly captures the season. This is what all autumn beers should be.

If you are not an autumn beer fan, winter beers are already hitting the shelves. I picked up one of more traditional Belgium Christmas beers and was very impressed. The beer is Brueasy De Decker's Stille Nacht that means "Silent Night" in Belgium. According to Smith, "Stille Nacht is a bottle conditioned ale, with vitamins and yeast proteins. You can actually hold it upside down and rock it back and forth to see the protein break up. It is very high in vitamin D." Look at that, a healthy beer! He also informed me that pilsner beers do not have the best quality of protein, so not every beer had the "good" vitamins for you.

Stewie Griffin DVD - a devilishly good laugh

By Emily Peiffer
The Saint Reporter

The new Family Guy movie, Stewie Griffin: The Untold Story, gives a good, roaring laugh. As the movie began, I was skeptical. As it starts out, the Family Guy characters attend a movie premiere, which turns out to be the same movie that we, as an audience, see. Very peculiar characters attend the premiere - before we witness the vehicle with the Griffin family pulling up.

Brian steps out first, followed by Chris. Stewie steps out of the limo, and attracts the most attention. Lois rolls out of the limo drunk, and Peter is trying to deal with her embarrassing behavior. And Meg actually crowded the attention for about five seconds.

Once the movie actually begins, and the storyline picks up, the strangeness of the first scene fades from mind, and the movie turns into what seems like just another Griffin family laugh-out-loud episode. Although there are other things going on, the main part of the plot involves Stewie refusing to believe the history lesson. The movie contains random, humorous scenes. I often found myself laughing out loud. Some of these other events that occur during the movie include: Peter getting a job with a news station, Peter and the boys being very dazed and confused about discovering that their favorite bar is for sale, and Stewie deciding to venture out and find his look alike, whom he spends a few days with. The movie contains random, humorous scenes.

Peter is his father. One day, however, he and Brian are watching TV and see a man that looks very similar to Stewie. Stewie is, of course, suddenly filled with the hope that he has another father after all. After getting very drunk and recovering, Stewie decides to venture out and find his look alike, whom he spends a few days with. The movie contains random, humorous scenes.

Sigur Ros releases rock-solid experimental album

By Kyle Mahoney
The Saint Reporter

Icelandic Post-Rock band Sigur Ros has released yet another Sigur Ros album. Let me explain: Their fourth album, Takk, is a stereotypical Sigur Ros release, but what does that entail? Well... Sigur Ros has a beautiful, soothing sound laden with bells, xylophone, atmospheric guitar, and cooing vocals. So, to say that it is a stereotypical album, at least for them, is a compliment.

Compared with previous albums, Takk is more determined, that is, the band seems to have placed careful consideration on when and how certain elements are utilized. Takk operates as a fusion of previous albums such as "Ba Ba Ti Ki Di Do" (2004) which is intense in its use of xylophones and bells, and the album ... (2002) which employs slow progressions that blossom into hyperbolically praised guitar and vocals. Tracks "Sae Gregory" and "Gong" are perfect examples of such a mixture, and it is the album's arrangement that makes it unique from other Sigur Ros albums. The track "Se Les" even employs brass instruments, which the band hasn't used since the album "Agacita Byrjun" (1999). Now to the heart of the album, and what I believe to be the most distinguishing feature: the mood. Takk carries a light, triumphant tone which emanates a sense of serenity. Prior to this release, Sigur Ros could have been deemed as dark, possibly gloomy (though still triumphant), but "Takk" liberates the band from this label, and provides an answer to those asking the question, "What has Takk changed?"

Sigur Ros, which means "Victory Rose," made their U.S. debut in 1999 with the album "Svein-G-Englar," and the band has since become a sleeper hit. The release of ... (2002) was the beginning of the Dvo-peace's mass popularity within underground music circles, and the release of Takk is expected to expand their listening audience.

Those unfamiliar with this type of music, namely Post-Rock or Experimental, should keep these things in mind: many of the tracks are instrumental, over six minutes long, and require time to fully appreciate. Those in search of fast-paced pop music shouldn't include Takk on their list of possibilities.

Sigur Ros vocalist Jon Birgisson promised long ago that he and his band would change the face of rock music. Takk is not the fulfillment of Birgisson's bold oath, but it is a handsome example of their capability to deliver.
Disturbed returns with a vengeance!

By Dan Van Duin
Culture Editor

The songs of this new album combine the aggressive sound of their first CD with the melody of the songs from Believe — and yet the songs still sound different enough that they don’t sound like copies of the band’s previous efforts.

Exodus: Another lesson in thrash

By Matt Seager
Culture Editor

This has been a good month for metal. Disturbed has returned after a long absence, and Exodus is out with a new album. For a blast back to the days of pure thrash metal, Snare-Headed Kill Machine is just the ticket.

Exodus founded thrash metal right alongside Metallica in the early 1980s. In fact, Metallica’s lead guitarist, Kirk Hammet, is a former Exodus member. Both bands are still alive and well today, although Exodus dropped off the face of the earth in the early nineties and didn’t resurface until a reunion studio effort produced Tempo of the Damned in 2004. After a successful tour with Megadeth last fall, Exodus returned to the studio to write and record their best work since the 1980s. Snare-Headed Kill Machine is thrash at its best.

The album’s seemingly goofy name is actually an excellent description of its sound and themes. Although many of the songs are actually quite politically poignant, others contain the kind of pointlessly violent/antisocial lyrics that made albums like Kill ’Em All so much fun to listen to. Exodus delivers old school lyrics about burning down cities and the rise of Satan with such nostalgic style that I was inspired to listen to my collection of older metal.

Answers to Life, the Universe, and Everything

No, the answer isn’t 42. Each issue, the editors of The Saint tackle an important question of the deepest relevance. Have a question you want answered?

Shoot an e-mail to thesaint_editor@aquinas.edu and we will consider putting our think tank into action. This issue’s inquiry: What is the greatest film franchise of all time? There was only one answer.

Star Wars

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Family Values

Looking through the Culture section, you may notice a certain musical trend. Every single issue, metal is showcased heavily. Just take a look at this issue: the new releases from Disturbed, Five Finger Death Punch and Evanescence are given an entire page to themselves. Why so much metal?

Because it's good for you, that's why. This is something I've known since I was in elementary school. Back in the early '90s, all of my friends' older brothers had Pantera and Metallica posters plastered to their walls. The imagery was so terrifying that I refused to venture into their rooms. "Oh boy," I thought to myself. "I sure hope that I can be a cool big kid like them one day and listen to big kid music." Weeks turned into a few months and then into a big kid. I was a late bloomer, but by my junior year of high school I found myself deeply entrenched into the world of metal. I started out with the basics (Metallica), but now I'm into everything from Judas Priest to Arch Enemy. I proudly carry the flag of a new generation of metal heads.

Who cares, you ask? That's just the problem. Nobody cared! What happened? Nobody listens to metal anymore. When my friends' little brothers stop by, they're not even slightly interested in my Rob Zombie paraphernalia. They just turn on their G-Unit and go back to whatever it is little kids do. They'd rather hear about pimping love; are you kidding? Kids aren't meant to listen to that offensive garbage. I'll stick with my Satan worshipping brothers stop by, they're not even slightly interested in my Rob Zombie paraphernalia. They just turn on their G-Unit and go back to whatever it is little kids do. They'd rather hear about pimping love; are you kidding? Kids aren't meant to listen to that offensive garbage. I'll stick with my Satan worshipping

by simpler song structures. Due to the rise in acoustic music, along with simpler song structures. Due to the rise in acoustic music, along with metal, we can finally put this to rest. Wrong! Music is about vengeance, it's always looking to the bright side, take for example, "Altered Boy," a politically charged anti-authoritarian message while retaining a shred of ferocity (unlike the whiney punk ballads that flood the pop charts). Exodus, like Metallica, was a well known live act in the Northern California metal underground years before the band released an album. The record continues with "Metallica," a great success for the Aquinas Theatre Program, is the first of four productions this year. In December, the Performing Arts Center will host a production of Godspell, originally a rock opera detailing the Gospels of Matthew, Mark, Luke and John. The show is performed by the students, who make up the cast and crew. The Saint's, a great success for the Aquinas Theatre Program, is the first of four productions this year. In December, the Performing Arts Center will host a production of Godspell, originally a rock opera detailing the Gospels of Matthew, Mark, Luke and John. The show is performed by the students, who make up the cast and crew. The Saint's, a great success for the Aquinas Theatre Program, is the first of four productions this year. In December, the Performing Arts Center will host a production of Godspell, originally a rock opera detailing the Gospels of Matthew, Mark, Luke and John. The show is performed by the students, who make up the cast and crew.