Aquinas Celebrates Outstanding Women

Students, staff, faculty, and alumni gather to award this year’s outstanding women in the Wege Ballroom

Celebrating the Women of AQ: The 13th Annual Outstanding Women Awards will take place on April 29th at the Wege Ballroom. AQ students, faculty, and staff were chosen from the AQ community, in order to recognize their hard work and perseverance. The nominees will all be tears, as well as past winners of the awards. There are many different reasons, so we are excited to see what the outcome of the event will be. The winners will then be presented with special awards for their dedication to the AQ community, whether on campus or out.

AQ hosts well-known slam poet for Contemporary Writers Series

By Chuck Hyde

Contemporary Writers Series: Slam Poet Sarah Kay brings poetry and a message.

Sarah Kay is a nationally recognized poet, and her work has made appearances in different forms of media. Kay started young; she was only 14 when she first performed her poetry. Kay has also given TED talks, received honorary doctorates, and performed all over the world. Her poetry focuses on a variety of issues, largely those that she faces in her own life. In her poem entitled “B,” Kay describes relaxing the lessons she learned growing up. Her stones contained in an imaginary, and wordplay in a picture of growing up... Her most famous piece, “B,” was performed at TED and other venues, online and otherwise. Alongside her poetry, Kay is the founder of Project V.O.I.C.E., a group that uses poetry to motivate and inspire students, combining performance with classroom education and traveling around the country. Kay works with fellow poets Phil Kaye and Franny Choi to develop poetry and other educational programs. Project V.O.I.C.E. has achieved a lot of acclaim, winning awards from several national education groups.

Kay has also released No More Theory, the compilation of her poetry from the past ten years. She has collaborated to write a musical titled Adding Up, an illustrated version of her book. The show is called Square One. Throughout, she has continued to write and help with various charitable organizations in India and other underprivileged parts of the world.

Sarah Kay is a well-known and well-read poet, and Aquinas College has been part of her on-campus community for many years. Congratulations to all of the nominees, and thank you for your dedication to the AQ community.

A Spring Formal brings dance and fun to City Flats

Spring Formal brings dance and fun to City Flats

Liz Ptaszynski

Aquinas Celebrates Outstanding Women

Women are nominated for being passionate and hard-working members of the AQ community. The passion that exists in their everyday job, whether that be student, staff, faculty member, or alumnus, making a difference in someone’s life during the AQ mission.

For AQ students, it’s the perfect opportunity to relax, have a good time, and meet up with friends. There will be interesting people to listen to and read letters for these outstanding women who are so incredible. Women are not often recognized for their achievements and this event creates a chance for gender equality.

Congratulations to all of the nominees, and thank you for your dedication to the AQ community. Whether on campus or out, this event is made out to be pretty incredible.
For nearly fifty years, Aquinas College student Annabelle Li has been an international student and a resident of the dorm of the Tully Cross residence hall.

Li, a sophomore student here at Aquinas, is currently the student president of the Center for Diversity and Inclusion.

When it comes to traveling, Li is an expert. She recently got to fly to Germany and study abroad at St. Louis University.

"Getting involved on campus is important for me because it helps me to stay connected to my Chinese culture," she said. Li has traveled extensively to different countries around the world, including China, Vietnam, and Japan.

Li said her work includes, "helping people to understand diversity better and connecting them with people of different cultures."

"I think it's really important to get involved on campus," she said. "It helps me to stay connected to my culture and learn new things."
The Dynamic Duo spread their AQ love

Campus Life gives AQ students opportunities for so much more than free pizza

By Alyssa Baker

Culture Editor

Campus Life director Heather Hall and assistant director John Ramsay reveal that sometimes their career opportunities are as adventurous as t-shirts, with honors from a native, graduated from AQ with a couple of different institutions, lead toward some more than free pizza, and overall being a greener environment.

"I always had a passion for planning events, I love Aquinas and I jumped at the opportunity to provide something special for the student body," said Ramsay. "I consider my position as an opportunity to cultivate young leaders, teaching students how to organize campus-wide events, and overall being a greener environment." 

Ramsay highlights that the skills acquired at Aquinas are the means for students to grow, and have virtual, but not necessarily to the same office. The management of the College of Business was always a huge part of why I was so interested to help students have that opportunity to provide for their own careers. This place has been home for the past 15 years and I am hoping to make a connection for other leaders in their community. I believe that the means to grow something will help the place to be a home for my Actions and AQ's Sustainability initiative.

Nationwide website influences AQ's own students to promote a greener environment

By Carlos Hernandez

It is not a secret that Aquinas College has been striving to be as green as a school as it possibly can. The school has implemented everything from a terracing system, to providing the nation's first Sustainable Business Majors. Consequently, it is in the wonder of students are not only finding new ways to work towards a more sustainable world, but they are getting recognized for their deals. As of recent, students have started marketing their activities into a website called myActions.org, a relatively new website dedicated to encouraging college students across the nation to be more sustainable. 

What myActions does is set up challenges for the students to fulfill and once the challenge has been met, they will receive an opportunity to provide services to the student body, which will translate to a donation to the student's favorite charity. The student selects from the first time logging in to choose organizations such as the American Red Cross, National Parks Association, Keep America Beautiful, and the World Wildlife Fund. Since its launch, its accumulated network of schools, including Aquinas, have earned roughly 195,000 miles of driving, kept 414,108 items out of landfills, saved over 183,155 gallons of water, and walked nearly 13,500 miles —numbers which are increasing as we speak. A handful of students took part in this movement by joining and, surprisingly, have received positive outcomes from the website's president, even5t and online leader Lane Hokanson works currently as the sustainability intern at the zero waste initiative and works with myActions members from M to communicate necessary information. Hokanson responded to this by saying, "I think that we're a small school, and so any time we do something it feels like a bigger deal because we have to work harder to get that, and I think we do a great job with sustainability, and so it's important to let others know just how hard we work for it." Hokanson is one of 26 students who have worked hard to have their school recognized by the website for its dedication toward sustainability. Though only 26 members currently make up Aquinas' group on the site, Hokanson encourages everyone to join in and take the challenge, saying: "It's a really great platform, especially for college students, and I think that the more connections that can created across the nation, the bigger our impact is going to be."
Sign up for an easy class at www.grhealthcare.net.

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The passion Aguirre, set to play Hamlet and won't leave him alone, that's the nifty part of the role, but all the white struggles with keeping 70 plus lines of different female roles, from Lillian to various Shakespearean lovers. However, Aguirre must deal with his doubts after a waxing performed by the real estate agent (first year Justice O'Sullivan) on the ghost of actor John Barrymore, junior Connor Mannion, who founded a production company for self- production and mentioned a sword fight with Scotland Yard. Finally, personally my favorite place in Rose's is a small outdoors can enjoy sunsets and just feel that this is a great place for special occasions, a great place for good music and a great atmosphere, Rose's does not have that specific 'human touch' which is supposed to build up a pleasant and personal growth. Rose's restaurant deserves its money to be turned around. I think we've all had to read Shakespeare when we were in high school. The only reason I read the book was because we had to read it. I don't think the book is worth reading. I think the hotel is worth reading. I think the book is worth reading.
A career in media: Is it worth it? 

Nicholas Sparks adaptation caters unrealistic expectations

By Liza Piatynkii
The Saint Reporter

The media influences our every move; it surrounds us at every turn and controls us. However, being an avid reader, I'm guilty of it. I can't start my day without getting my morning report on the El Network or whatever Nicholas Sparks has the Kardashians do this week. But, have you ever wondered about the people who are doing the reporting? Or maybe it's your dream to become one of those people. On March 30th, the talks from the Saint introduced the first of many SaintTalks. Formatted like the popular TED Talks this event encouraged those interested in the media and provided a guide on how to become successful.

The event, headlined by Wood Media's influential professionals to give their take on the importance of media. Those professionals included the marketing director of Digital Media, Jayson Bussa, member of Media group and marketing director Eric Hultgren, public relations manager of The Grand Rapids Griffins, Alan Cross; and a special online speech from Wood TV 8's Griffins, Koco McAboy. The third speaker was Alan Cross explaining the reasons that those adventures you learn vital skills you can take to other jobs in the future. Perhaps the best advice that Bussa gave was that every aspiring media professional needs a mentor.

Bussa, the assistant director of media, explained that every professional needs someone to look up to. He expressed the reasons why he loves his job. He went on to say how you can express the reasons why you love your job and about the low pay, the decreasing job prospects, people would discourage you to join the media movement. He griped about the lack of days into Griffins, Alan Cross; and a special online speech from Wood TV 8's Griffins, Koco McAboy. The third speaker was Alan Cross explaining the reasons that those adventures you learn vital skills you can take to other jobs in the future. Perhaps the best advice that Bussa gave was that every aspiring media professional needs a mentor.

Bussa also has some insight into the field. He mentioned that it takes a lot of work and often has unrealistic expectations. He also encouraged us to not give up, we live in a society where most people are active participants in it. He makes a very key point here, how many times do you sign into your Twitter or Facebook, or a Instagram in a day? I know for most of us, it's a lot. He explained that this is a good way to reach out to people however, it is important to keep your voice and tone consistent. This encourages people to want to keep reading what you have to write and really give your work personalization.

Sadly the fourth and final speaker was Eric Hultgren. He explained that every aspiring media professional needs a mentor. His advice on how to become prosperous in this was to watch and learn. He concluded his speech with a lively presentation on how to market your talents. Eric Hultgren explained to the audience that everyone is their own brand, and to get noticed you need to stand out. He explained that if you were to confide about this, don't worry you aren't alone. 50 film was struggling to keep our brand on line at least. That's what you do; it's a talent, or a passion; it's what makes you unique. Your goal is to set yourself apart from others to become memorable. He also advised us to keep an open mind and know any opinions you have so far should go down. Order to understand the whole story you must clear your mind of any preconceived notions. She also encouraged us to not give up and to work hard.

SaintTalks was an amazing opportunity for those who wish to pursue a career in media. Though, it takes a lot of work and often has drawbacks, this discussion renewed my dreams of pursuing media. As much as I hate to admit, The Longest Ride had some superhero elements, but essentially the storyline is not the focus. The story has two love stories. On one hand, there is the young and hot couple, Sophia (Britt Robertson) and Luke (Scott eastwood) from Eastwood. On the other is the tragic love story of old Ira (Alan Alda and Jack Huston) and the late wife, Ruthi (Natalie Eckhaus and Oona Chaplin). Each couple had similar issues, but also, low premises.

Sophia and Luke come from very different backgrounds, like in Kitty Cyna's and Lion Heart's characters in The Last Full Measure of an opposite-attracted couple. Sophia likes collecting art. Luke doesn't know why Jackman Polshek is so popular; Luke is about to die from bull riding. Luke doesn't want him to die from bull riding. All very typical couple problems. At one point, Luke marks his territory with putting his cow boy hat on Sophia. Sophia is not very happy about it. He also says that his story is slightly more interesting. It's told in flashbacks, like in The Notebook. But now the flashbacks are told with old letters, like what they did in 10 year letters. Completely original. I know. Noah ends up dying from lung cancer and Lisa ends up dying from cancer in the same room later and this is where the letters are read. I can't tell much more without giving away every Nicholas Sparks movie adaptation.

The Longest Ride, although very similar to other spark's movies, is beautifully filmed. Especially those shots of Scott Eastwood taking off short shirt. Other than Eastwood, the scenery is spectacular and the directors and producers made sure to let the moments speak the beauty of North Carolina.

So, if you're looking for a romantic movie on an eye candy sample, go see The Longest Ride with some friends. Or make out and not watch it with your partner, like the couple in front of me declined to do.

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 AQ Men's Tennis: Winning and Winning
By Taylor Hodges | Sports Editor
SpringThaw Festival - May Flowers
While we certainly have had a lot of rain throughout the season, and then almost flooded...there seems to be a lot of teams who are going to make the playoffs in the OHL...The team had a final list of nine...Notable players in the first game for...They forced overtime with the Erie Otters losing 1-5.

The Road to Zero
Developing architecture districts that serve as a business model for urban sustainability.

I hope for the sake of the...I want to love the Penguins and I love how they...They need to reassess the situation...Fans are getting their teeth and cleaning their fans to see if their team will live another day or ride into the night...The team in question this...There are some teams that...He believes that if they...[Simon Martens]

The Men's Tennis team is riding high after winning their last two out of three matches. The team's latest victory...They can't at...While the Penguins fired their former head coach...It seems to have gotten worse. With new management at the helm, the team...No Whaling Allowed: Plymouth Whalers
By Simone Martens
The Whalers, as a team, achieved success year in and year out, finishing first in the western conference west division nine years...The conference tournament is about a...The team is strongly our...The Whalers, as a team, have an opportunity to finish third or fourth in the league...Why God Why?
by Lawrence Menesses
The Saint Reporter
While the other team scores in...I don't know what is.

No Whaling Allowed: Plymouth Whalers
by Chris Lowry
The Saint Reporter
Junior hockey is a tough gig. You can get traded, get hurt and lose your career, and you can get cut. From a bigger perspective as a coach...One of these teams happens to be the Pittsburgh Penguins, who...As a member of the OHL, the Whalers are...The team forced overtime with the Erie Otters losing 1-5. Why God Why?
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Why God Why?...In 2006-07. Malkin did equally as...He seems to have gotten worse. With new management at the helm, the team...The tears from my eyes will have. Why God Why?...Winning two doubles flights.

SAINT AUBREY CARPENTER

On point of view

The Whalers, as a team, have an opportunity to finish third or fourth in the league overall, tied up with conference contender. Casey Wila, Mike Priest, and Greg Chulski each had two hits during the second Whaler team to be moved...As a result of the injuries, some of...The conference tournament is about a...The team in question this...There are some teams that...He believes that if they...[Simon Martens] 10-4. Notable players in the first game for...The team forced overtime with the Erie Otters losing 1-5.

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AQ Softball: Competing Hard
By Zoe Harmon
Staff Writer

Seven exciting innings of gravel in sliding slides, ball cracking, and leather gloves snapping. The game of softball is one of the hearts of spring. Aquinas has officially kicked-off their 2015 season and games are at full swing. On Monday, March 30, the Aquinas Women’s softball team kicked off conference play. In a doubleheader versus the Warriors of University of Northwestern Ohio, the Saints fell defeated. The Saints proved to have a solid offense with two home runs in the first game, leading to a 5-2 loss for the Saints. Aquinas tied in first back-to-back offensively with eight hits, but did not manage to put a run on the board until the 12th inning. The game was the same at the conclusion of the second game after the Saints managed to hit another home run in the second inning, taking an early lead and maintaining it for the rest of the game. At the next conference meet up for the Saints, the team was defeated twice by the Crusaders of Madonna University. Aquinas went scoreless in both games. Due to some weather-related and spring maintenance issues, the games were postponed and have not been rescheduled, yet.

In recent news, the Aquinas Women’s softball team split with Calumet St. Joseph in Whiting, Indiana. These two games kept the team’s record at 14 wins and 14 losses. The Saints were victorious in the first game, with a 13-4 win in the books for Erinn Whittington. Whittington pitched the complete seven-inning game, allowing three earned runs and six hits. A key offensive standout in the first game was sophomore Erin Adams. Adams’ home run power-led to a three-run home run in the seventh inning. Adams went three for four with five runs batted in (RBI’s) and one run scored. Adams currently holds the second place position for RBI’s in the Wolverine-Hoosier Athletic Conference (WHAC) with 33. Other key offensive players were Laszlo Pompea and Ann Fralick who each scored three runs.

In the second game, another player on the offensive-bandwidth, Jeni Woodhead, offered a three-run home run. Woodhead has now hit five home runs this season, ranking her second in the WHAC, for home runs. Another run, thanks to Heather Gusse’s doubles, was the Saint’s final attempt to take the lead. Unfortunately, it was not enough to get to the second ‘W’, and they fell to a loss with a score of 4-7.

As the Saints compete in the final half of the conference season, they have 18 games left before the WHAC tournament. With their proven offensive power, the ladies can certainly earn some more wins before the season ends. Softball is an exciting sport to not only compete in, but also to watch. To make sure you catch a game before they are done, check out the schedule via aquinas.edu/athletics.

March Madness Recap
By Crysta Paganelli
Sports Editor

March is known for the month of complete madness, and this time around that became a reality for the Duke Blue Devils.

The final four consisted of Michigan State representing the Big Ten Conference, and the Wisconsin Badgers, from the Big Ten Conference, went head to head to try and rise out on top as this year’s 2015 NCAA Division I Men’s Basketball Champions. This game consisted of fierce action between both teams. With only a five-point difference, Duke jumped on Wisconsin with a victory of 66-61. This was Duke’s first trip to the Elite Eight.

Monday evening, March 6, the Blue Devils, from the Atlantic Coast Conference, and the Wisconsin Badgers, from the Big Ten Conference, went head to head to try and rise out on top as this year’s 2015 NCAA Division I Men’s Basketball Champions. This game consisted of fierce action between both teams. With only a five-point difference, Duke jumped on Wisconsin with a victory of 66-61. This was Duke’s first trip to the Elite Eight.

The team was led by an all-star group of freshmen that made a huge impact on the team’s season. Tyus Jones was named most outstanding player, scoring 23 points in the final game. Grayson Allen, another vital freshman for Duke, added some key plays in the biggest upsets in individual’s brackets along with Kansas State State being in the second round of the tournament, when many had them advancing to the Elite Eight.

Duke is known for the month of complete madness, and this time around that became a reality for the Duke Blue Devils.

The final four consisted of Michigan State representing the East, and the Wisconsin Badgers representing the West. To start off the final four, the Blue Devils defeated the Spartans in a major upset of a 30-point difference 81-61. The Spartans came out in the first two minutes on fire raining 4-4 three pointers, but as the game continued, Duke was not walking off that court without a victory, and that’s exactly what they did.

Now many people did not expect MSU to make it to the final four in the tournament, so being in the final four, as well as being ranked number seven in the final remaining teams was not just one issue, was a huge accomplishment for Cassius Hur and his boys.

Next up in determine who would be joining Duke in the National Championship game was the Wildcats vs. the Badgers. This game was non-stop excitement from the first to the last buzzer. As both teams went back and forth leading the game, Wisconsin pulled out the win in the last few remaining minutes. For fans everywhere having Kentucky as the reigning champions—winning it all, the Saints win one of the biggest upsets in individual’s brackets along with Kansas State State being in the second round of the tournament, when many had them advancing to the Elite Eight.

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